

23 Westow Hill, Norwood,  
London SE19 1TQ  
[www.thefino.co.uk](http://www.thefino.co.uk)



**OPENING HOURS**  
Monday - Saturday  
8 AM - 5:30 PM  
Sunday  
9 AM - 4:30 PM

Follow Us:  
Instagram



Facebook



**PLEASE PLACE YOUR ORDER AND PAY AT THE COUNTER**

## BREAKFAST

(We use 2 free range organic eggs)

### Egg Your Way £7

Scrambled, Poached, Fried  
(Sourdough, white, brown, ciabatta)

#### Add on

Avocado £2.9, Mushrooms £2, Streaky bacon £3.2, Beans £1.7,  
Halloumi £3.9, Smoked Salmon £4.5, Plum Cherry Tomatoes £2.5,  
Cumberland Sausage £2.9

### Avocado on toasted sourdough £7

Seeds garnish (gfo, dfo, vgo)

### The Garden £13

Fried egg, halloumi, avocado, spinach, mushroom, hash browns,  
grilled tomatoes, baked beans, toasted sourdough (v, vgo)

### Corza's Special £12

Poached egg, spinach, halloumi, mushroom, roasted vegetables  
crushed avocado on toasted sourdough (v, vgo, gfo)

### Fino English Breakfast £12

Fried egg, streaky bacon, Cumberland sausage, grilled tomato,  
grilled portobello mushroom, hash brown, baked beans, sourdough

### Mediterranean Plate £13

Fried egg, grilled halloumi, spicy sausage, herbed feta, filo pastry  
hummus, olives, salad, jam, toasted sourdough (gfo)

### Posh Plate £13

Organic scrambled egg, cold smoked salmon, halloumi,  
crushed avocado, seeds, toasted sourdough (v, gfo)

## JACKET POTATOES £9.5

(with salad and coleslaw)

- Cheese & Beans
- Tuna Mayo
- Roasted Vegetables & Broccoli
- Chicken & Avocado
- Ratatouille

## PANINIS £9

(with salad and coleslaw)

- Mozzarella, Tomato & Basil, Green Pesto
- Mediterranean Vegetables & Red Pesto
- Roast Vegetables & Avocado
- Tuna Melt with sweetcorn & red onion
- Chicken & Avocado
- Chicken Chilli & Halloumi

## SANDWICHES

(served on toasted sourdough, white or brown, with homemade coleslaw)

Hummus, roasted pepper, red pesto rocket £6.5

Chicken Avocado £7.5

Tuna Mayo, Avocado £7.5

BLT mayo £6.5

Avocado, ratatouille, broccoli £6.5



## SOUP OF THE DAY £6.5

(Served with toasted sourdough)

## LUNCH

(All our Burger served in brioche, triple-cooked chips, coleslaw)

### Grilled Chicken Burger £12

With cheese, lettuce, garlic mayo

### Fino Beef Burger £14

Cheddar, halloumi, spicy beef sausage, caramelised onion

### Falafel & Avocado Burger (v) £13

Hummus, lettuce, red onion, gherkin, chili dip

### Grilled Chicken Fillet £14

Creamy mushroom sauce, sautéed potatoes, seasonal vegetables, crispy onion, streaky bacon

### Halloumi Wrap £13

Josper-smoked roasted vegetables, hummus dip

### Grilled Chicken Wrap £13

Cheddar, garlic mayonnaise, diced tomato and cucumber

### Grilled Lamb Fillet £18

Seasonal vegetables, sautéed potatoes, tzatziki dip

## SALADS

### Greek Salad (gfo) £10

Feta cheese, mixed peppers, tomato, cucumber, red onion, olives, parsley, mint & dill dressing  
toasted sourdough

### House Salad (gfo) £10

Avocado, black beans, chickpeas, quinoa, goji berry, seeds, plum cherry tomatoes,  
mixed leaves, dressing, sourdough

**Add on:** Grilled Chicken £5 | Grill Lamb £8 | Seabass £7

Grilled Goat Cheese £4 | Grilled Halloumi £4 | Falafel £4

## KID'S MENU

Scrambled egg on toast £6

Beans on toast £4.5

with cheddar on the side

Mini English £7

sausage or bacon, fried egg, beans,  
a slice of white toast

Penne £6

in tomato sauce and cheese

Chicken fillet £7

with fries and cucumber

Please see the display stand for  
our daily homemade cakes  
and other desserts



## SIDES

2 Slices Toast, Butter £2.5

Jam or Marmalade + 70p

Triple Cooked Chips £4

Fries £3.5

Garlic Bread £5

Garlic Bread with cheese £6

Halloumi £6

Filo Pastry £6

Side Salad £4

Bowl of olives £4

(v) Vegetarian, (vgo) Vegan Option, (gfo) Gluten Free Option, (dfo) Dairy Free Option. All prices are including VAT.

**Allergens: Please speak with our staff to ask for allergens present in dishes.**

All our eggs are organic - Fish & meat carefully selected by our experienced chef and cooked on Josper Grill