

23 Westow Hill, Norwood,
London SE19 1TQ
www.thefino.co.uk



OPENING HOURS

Monday - Sunday
9 AM - 5:30 PM

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BREAKFAST

Avocado on toasted sourdough £8

Seeds garnish (gfo ,dfo ,vg)

Add on

Mushrooms £2.5, Streaky bacon £3.2, Beans £1.9 ,
Halloumi £3.9, Smoked Salmon £4.5,
Cherry Tomatoes £3.5, Cumberland Sausage £3.5

The Garden £14.50

Fried egg, halloumi, avocado, spinach, mushroom, hash brown ,
grilled tomatoes, baked beans toasted sourdough(v, vgo)

Fino's Special £13.95

Poached egg, spinach, halloumi, mushroom, roasted vegetables
crushed avocado on toasted sourdough (v, vgo ,gfo)

Fino English Breakfast £14.50

Fried egg, streaky bacon, Cumberland sausage ,grilled tomato,
grilled portobello mushroom, hash brown, baked beans,sourdough

Mediterranean Plate £14.50

Fried egg, grilled halloumi, spicy sausage, herbed feta, filo pastry
hummus, olives ,salad, jam, toasted sourdough (gfo)

Posh Plate £13.95

Organic scrambled egg, cold smoked salmon, halloumi,
crushed avocado,seeds, toasted sourdough (v, gfo)

Avo & Bacon Brioche £12.95

Toasted brioche bun with 2 fried free range eggs, chilli oil (gfo)

Feta Curd & Courgette £12.95

On sourdough with 2 poached eggs, chilli oil (v, gfo)

Avo & Smoked Salmon Benny £14.50

With 2 poached eggs, hollandise sauce

PANINIS £9.95

(with salad and coleslaw)

- **Mozzarella, Tomato & Basil, Green Pesto(v)**
- **Mediterranean Vegetables & Red Pesto(vgo)**
- **Roast Vegetables & Goat Cheese(v)**
- **Tuna Melt**
- **Chicken & Avocado**
- **Chicken Chilli & Halloumi**

SANDWICHES

(served on toasted sourdough, white or brown, with fries)

Hummus, roasted vegetables, red pesto rocket(vgo) £10.95

Chicken , Bacon, Avocado £11.95

Tuna Mayo, Avocado £9.95

BLT mayo £10.95



SOUP OF THE DAY £7.95

(Served with toasted sourdough)

LUNCH

(All our Burger served in brioche, triple - cooked chips, salad)

Grilled Chicken Burger £14.50

With cheese, lettuce, garlic mayo (gfo)

Fino Beef Burger £15.95

Cheddar, halloumi, spicy beef sausage, caramelised onion (gfo)

Halloumi & Portobello Mushroom Burger £13.50

Garlic mayo, lettuce, onion, gherkin (v, gfo, vgo)

Falafel & Avocado Burger £14.50

Hummus, lettuce, red onion, gherkin (v)

Grilled Chicken Fillet £15.95

Creamy mushroom sauce, chips and salad

Halloumi Wrap £14.50

Josper-smoked roasted vegetables, hummus dip (v)

Grilled Chicken Wrap £14.50

Cheddar, garlic mayonnaise, diced tomato and cucumber

SALADS

Greek Salad (v, gfo) £10

Feta cheese, mixed peppers, tomato, cucumber, red onion, olives, parsley, mint & dill dressing
toasted sourdough

House Salad(v, gfo, vgo) £10

Avocado, black beans, chickpeas, quinoa, goji berry , seeds, broccoli, cherry tomatoes,
mixed leaves, dressing sourdough

Add on: Grilled Chicken £6 | Grilled Goat Cheese £4 | Tuna £4

Grilled Halloumi £4 | Falafel £4 | Smoked Salmon £6

KID'S MENU

Scrambled egg on toast £4.5

Beans on toast £4.5

with cheddar on the side

Mini English £7

sausage or bacon, fried egg, beans,
a slice of white toast

Penne £6

in tomato sauce and cheese

Chicken fillet £7

with fries and cucumber

Please see the display stand for
our daily homemade cakes
and other desserts



SIDES

2 Slices Toast, Butter £2.95

Jam or Marmalade + 70p

Triple Cooked Chips £4.95

Fries £3.95

Halloumi £6.50

Filo Pastry £5.50

Side Salad £4

Bowl of olives £4

(v) Vegetarian, (vgo) Vegan Option , (gfo) Gluten Free Option, (dfo) Dairy Free Option. All prices are including VAT.

Allergens: Please speak with our staff to ask for allergens present in dishes.

All our eggs are organic - Fish & meat carefully selected by our experienced chef and cooked on Josper Grill

*** Discretionary 10% service charge will be added to your bill**